

**APPENDIX 16**

# Receptivity Scale

*The Holmes-Rahe Social Readjustment Scale indicates different events, in approximate order of their importance, that have an effect in producing periods of personal or family transition.*

*The numbers on the right indicate the importance of the event relative to other transition-producing events. Various events may compound each other when an individual experiences more than one incident over a relatively short period of time. The higher the number, the more receptive the person is to the Gospel. For example, someone who was just married and is also having trouble with his or her boss will be more receptive than if either event had occurred separately. Also, the larger the number or accumulation of numbers, the longer the period of transition will last and the more intense it will be.*

*~ Win Arn and Charles Arn.  
**The Master's Plan for Making Disciples.** 2nd ed.  
 Grand Rapids: Baker Books, 1998.  
 pp. 88-89*

## The Holmes-Rahe Social Readjustment Scale

Death of Spouse .....	100
Divorce .....	73
Marital Separation .....	65
Jail Term .....	63
Death of Close Family Member .....	63
Personal Injury or Illness .....	53
Marriage .....	50
Fired from Work .....	47
Marital Reconciliation .....	45
Retirement .....	45
Change in Family Member's Health .....	44
Pregnancy .....	40
Sex Difficulties .....	39
Addition to Family .....	39
Business Readjustment .....	39
Change in Financial Status .....	38
Death of Close Friend .....	37
Change in Number of Marital Arguments.....	35
Mortgage or Loan over \$75,000 .....	31
Foreclosure of Mortgage or Loan .....	30
Change in Work Responsibilities .....	29
Son or Daughter Leaving Home .....	29
Trouble with In-Laws .....	29
Outstanding Personal Achievement .....	28
Spouse Starts Work .....	26
Starting or Finishing School .....	26
Change in Living Conditions .....	25
Revision of Personal Habits .....	24
Trouble with Boss .....	23
Change in Work Hours or Conditions .....	20
Change in Residence .....	20
Change in Schools.....	20
Change in Recreational Habits .....	19
Change in Social Activities .....	18
Mortgage or Loan under \$75,000 .....	18
Easter Season .....	17
Change in Sleeping Habits .....	16
Change in Number of Family Gatherings .....	15
Vacation .....	13
Christmas Season .....	12
Minor Violation of the Law .....	11